



Bellevue West Cheerleading
Tryout Packet
2019-2020

Clinic dates: 4/2, 4/3, 4/4 4:30pm-6:45pm

Tryouts: Friday, April 5th 4:15-??

Please **complete pages 5, 6, 7 (& teacher evaluations)**
of this packet
and return to the athletic office at Bellevue West High School.
by **Monday, April 1st**

You also need to hand out teacher evaluations to **ALL** of your teachers and have them return them to Coach Procopio by April 2nd. They are at the end of this packet.

Incoming freshman: Please return this form to the office at your middle school. The office will interschool mail the applications to Bellevue West. You can also drop the application by Bellevue West.

Questions: Contact Coach Procopio at jamie.procopio@bpsne.net

*Please visit www.bellevuewestcheer.weebly.com for tryout FAQ's!
Follow us on Twitter and Instagram for updates: @bwhscheer_*

*Note: Thunderette tryouts are before Cheerleading tryouts. For those of you who try out for the Thunderettes and do not make it, we would love to have you try out for the cheerleading squad! Just make sure to bring your completed application to the first day of cheerleading tryouts.

Bellevue West Cheerleading Try-Outs Parent Permission Form

BWHS Cheerleading is an athletic activity that requires a substantial amount of time and effort. Cheerleaders have a special set of expectations that no other sport or activity require. Please review this set of expectations and discuss them with your parent before try-outs. Your parent must sign the bottom of this form in order for you to try-out.

- The squad selection is not finalized until the night of the mandatory parent meeting. In order to accept a position on the squad, you and one of your parents/guardians **must** attend the mandatory parent meeting at **6:00pm on Monday, April 8th**. At this meeting, you must bring a **\$300 deposit (this will be subtracted from your uniform/camp bill)**. Another required event is the uniform fitting on **Friday, April 12, after school**. After this fitting, you will receive your final bill, to be paid to the cheerleading coach within two weeks of receiving the bill.
- Cheerleaders are expected to be in good physical condition as for any athletic activity. It is physically demanding and requires both muscular strength and cardiovascular fitness. Cheerleaders are expected to maintain their physical conditioning all season.
- Cheerleading is very demanding of your time. You will have practices or games 3-5 days each week. All practices and games are mandatory. Aside from being ill or school requirement almost nothing else qualifies as an excused absence. *For example, work, family trips, doctor's appointments, your grandmother's 100th birthday dinner, and a friend flying in from another country would all be UNEXCUSED reasons for missing a game or practice.*
- Although you may be involved with other school activities, Cheerleading should be your top priority over all other activities. Cheerleaders may not participate in other sports during the season (ex. cheerleaders may not do cross country, softball, swimming etc).
- Cheerleaders are expected to behave as role models for the school at all times. This means that classroom behavior as well as behavior outside of school (including social media) must be exemplary from the time you accept a position on the squad until the end of the season. This includes the summer. Any behavior that undermines your ability to be a role model for the school, as determined by the coach and/or administration is grounds for dismissal from the squad.
- Cheerleaders are expected to be good students. You must maintain the minimum grade requirements as noted in the student handbook. Falling behind in schoolwork may be grounds for putting a cheerleader on probation or for removal from the squad.
- Cheerleading is a sport that does carry expenses with it. Please review the approximate expenses and the date when those expenses must be paid by which is attached.
Please visit www.bellevuewestcheer.weebly.com for tryout FAQ's

Bellevue West Cheer 2019-2020
Important Dates (April-June)

****ALL DATES ARE MANDATORY****
Location is Bellevue West cafeteria

April 8th @ 6:00 pm: Parent Meeting/Cheerleader Meeting. You must attend this meeting in order to accept your position on the squad. This is also the Initial cookie dough fundraising meeting. Must bring deposit of \$300.

April 12th: Uniform fittings (required for new and returning members)
After school

April 24: Turn in cookie dough money and order forms. Stop by West anytime between 3:30 and 5:30pm.

May 8th: Cookie Dough pickup 3:30-5:30
You MUST send someone to pick up your order

June 27th-June 30th: Camp

Camp is **required** for all Varsity and JV members. Camp payment includes all room/board fees and food. Not participating in camp will hinder cheerleaders' participation on competition squads for the season.

Both squads will have practices throughout the summer (mostly in June and start of August). June practices are mandatory and we ask that you schedule your vacations in July.

We will have open gyms held at Bellevue West the month of July.

Estimated Expenses 2019-2020

The following is a list of estimated mandatory expenses for the 2019-2020 year. We do uniforms on a 3 year cycle and **will get new uniforms this year**. Because of this, estimated prices for new and returning cheerleaders will be very similar.

These are just estimates and are subject to change.

Uniforms

New to Cheer:

JV- \$950

Varsity-\$1,100

Returning Cheerleaders:

Returning to JV -\$725

Returning to Varsity-\$900

Camp

Camp will be June 27-June 30th. The total cost per cheerleader will be \$405.

Competitions

Both JV and Varsity Squads participate in competitions throughout the season. There will be additional fees on their bill for this.

Varsity Members: \$150

JV Members: \$70

The deposit (\$300) made at the initial parent meeting will be subtracted from your total bill. Any money raised from cookie dough sales goes directly to each cheerleader to subtract from their bill.

Please retain all above information for your records. Detach and complete the following pages

Please visit www.bellevuestcheer.weebly.com for tryout FAQ's

BWHS Cheerleading Try Out Application
PLEASE PRINT CLEARLY

Name _____ Grade Next Year _____

Current School _____

Street Address _____

City _____ Zip Code _____

Cheerleader's Cell Phone _____

Parent/Guardian Name(s) and Cell Phone Numbers:

Mother _____ Cell # _____

Father _____ Cell # _____

Parent/Guardian E-mail Address (this will be used for parent emails)

ARE YOU APPROVED TO ATTEND BELLEVUE WEST HIGH SCHOOL?

Which squads would you be willing to accept a position on? (check all that apply)

JV Squads (open to any students that will be a 9th, 10th or 11th graders next year)

- JV All Seasons Football, Volleyball, & Basketball Games

Varsity Squads (open to any students grades 9-12)

- Varsity All Seasons Football, Volleyball, & Basketball games (home & away games)

What other activities (**school related or outside of school- this includes work**) will you have next year that will require your time? Please be specific

ADMINISTRATIVE APPROVAL SECTION:

No disciplinary problems: _____

Signature of Dean of Students

Cumulative GPA (weighted) _____

Days absent last semester _____

Signature of School Counselor

CHEER BIO SECTION: *If you need more space, you may write on the back of the page.*

1. What motivated you to try out for BWHS cheerleading? If you are a returner, what motivated you to try out *again*?

2. How should cheerleaders represent their school and their student body?

3. What are 3 characteristics you feel are most important for team members to possess?
Why?

Application for BWHS Cheerleading Tryouts

My child, _____ has my permission to tryout for the Bellevue West Cheerleading squads. I understand that he/she must abide by the rules and regulations set forth by the coaches and administration at Bellevue West and be present for any practices and games. I have read the tryout packet and I understand the tryout process. I understand that all forms attached must be completed by _____ or my child will not be allowed to tryout. I understand my child must attend all practices (unless excused by the coach) and tryout sessions or my child will not be considered for a position on either cheerleading squads.

I understand that my child will be evaluated by qualified judges and agree to abide by the decision of the judges. I understand that scores and the tryout process will not be released after tryout outs and that coaches and Bellevue West administration will not be able to discuss the tryout process once it is over. I also understand all the costs involved in the Bellevue West Cheerleading program as stated in this packet and agree to pay the fees if my child makes a squad and accepts a position.

I understand the nature of cheerleading and that it may carry a risk of a physical injury. No matter how careful the participant and the coaches are, there is still a chance of risk during tryouts and Bellevue West High School will not be held responsible in case of an accident or injury. I give my child permission to stunt, tumble, and jump at tryouts for the 2019 process.

Parent/Guardian Signature

Date

Parent/Guardian Name Printed

Parent Phone Number

I am interested in being a cheerleader at Bellevue West High School. I understand the obligations and tryout process. If elected as a squad member, I promise to abide by the rules and regulations set fourth by the coaches and administration of Bellevue West. I promise to cooperate and follow the instructions of the cheerleading coaches.

Student Signature

Date

**TEACHER EVALUATION
BELLEVUE WEST HIGH SCHOOL CHEER TEAM**

Dear Teacher,

You are currently a teacher for the student whose name is at the bottom of this page. This student is participating in cheer tryouts for Bellevue West High School. Part of the tryout procedure requires the applicant to be evaluated by their teachers for the current year.

Please give the information requested on this form **VERY CAREFUL CONSIDERATION**. The results count toward the total score in the final selection of the squad.

All forms are confidential, so please sign your name so we know that each form has been returned.
Please put the form in my mailbox at the high school or interschool mail it. Thank you so much for your time!

*If students are not at Bellevue Public Schools, please send this information to Bellevue West High School, 1501 Thurston Ave, Bellevue Ne 68123 to the attention of Jamie Procopio.

Current Grade in Class: _____

		EXCELLENT	GOOD	AVERAGE	NEEDS IMPROVEMENT	POOR
		5 POINTS	4 POINTS	3 POINTS	2 POINTS	1 POINT
STUDY HABITS	5	4	3	2	1	
COOPERATION WITH PEERS	5	4	3	2	1	
LEADERSHIP/DEPENDABILITY	5	4	3	2	1	
RESPECT FOR TEACHERS/STAFF	5	4	3	2	1	

COMMENTS: _____

SHOULD THE CANDIDATE BE CONSIDERED FOR SQUAD MEMBERSHIP?	Excellent	Average	Poor
IS THE CANDIDATE A GOOD ROLE MODEL?	Excellent	Average	Poor
IS THE CANDIDATE ENTHUSIASTIC?	Excellent	Average	Poor

CANDIDATE'S NAME: _____
TEACHER'S NAME: _____
TEACHER'S SIGNATURE _____

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